

Char Tai

contact

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profile

Nationality US Citizen
Ethnicity East Asian
D.O.B 1992/02/16
Height 165 cm
Weight 62 kg
Build Athletic

languages

English ♥
Mandarin
Japanese

Aloft Program guest coaches

Cohdi Harrel
Terry Crane
George Orange
Fleeky Flanco
Aimée Hancock
Tanya Burka
Francesca Hyde

skills

Contortion, Aerial Hoop, Clown, Dance Pole, Dance, Ensemble Work

education and training

- 2018–2020 **Contortion** and ensemble development
Aloft Circus Arts: Two-Year Professional Training Program
Chicago, IL, USA
- 2015–2017 **Aerial Hoop** and **Pole Dance**
Defy Gravity Pole Fitness and Aerial Arts Studio
Champaign, IL, USA

workshops and coaches

- 2018–2020 **Oyuna Yadmajav**
Contortion Coach
Chicago, IL, USA
- 2019–2020 **Dahlia Fatale**
Contortion Coach
Chicago, IL, USA
- 2019 Sept **Gunnar Field**
Advanced Flexibility Workshop
Fly Club
Chicago, IL, USA
- 2019 July **Dahlia Fatale**
Advanced Flexibility Workshop
The Brass Ring
Chicago, IL, USA
- 2016 Sept **Ryan Schmidt**
Flexibility Workshop
Defy Gravity Pole Fitness and Aerial Arts Studio
Champaign, IL, USA

performances

- July 2020 **Sanctuary LIVE**
Contortion
Aloft Circus Arts
- April 2020 **Sanctuary in Place**
Contortion
Aloft Circus Arts: At home Edition
- Dec 2019 **Casual Friday with Fleeky Flanco**
Contortion
Aloft Circus Arts
- May 2019 **Tough Drafts: End of Year Showcase**
Dance, Clown
Aloft Circus Arts
- 2017 May **Speakeasy Masquerade at Memphis on Main**
Dance Pole
Archaeology Student Society Fundraiser
- 2016 Aug **Once Upon an Ever After**
Dance Pole
Carnivale Debauche

teaching and coaching

- ♥ present **Fitness and Flexibility Instructor**
Providing and leading online and in person workouts and classes for students of various fitness levels with a focus on flexibility and conditioning. Creating personalized workouts for individual students to work on in class as well as independently to reach their own fitness goals
Aloft Circus Arts
- 2016–2018 **Aerial Hoop, Static Trapeze, Aerial Silks, Dance Pole Instructor**
Instructed adult recreational students on safe and proper skills. Led students in conditioning, flexibility, and performance techniques
Defy Gravity